



Insurance Related Basic Guidelines

It is imperative that you have a travel insurance when on a holiday. You would need to buy this at your country as this cannot be done in India. Insurance, especially for extreme adventure sports, like rafting, trekking and expeditions, needs to be able to cover all emergencies including hospitalization, hotel bills, flights (if you have to return early), helicopter rescue.

Great Northern Himalayas carry no type of liability insurance, personal medical insurance, emergency rescue or evacuation, or any type of insurance whatsoever for participants. However, we have insurance coverage for all of our staff and porters wherever applicable.

We strongly encourage each of you to purchase a travel insurance policy for the trip and to check with your homeowners and medical insurance policies to see that you are covered by them while abroad.